

FAMILY DEVELOPMENT TRAINING AND CREDENTIALING PROGRAM
SKILLS PRACTICE REFLECTION

Name

Chapter

Date

The skill that I practiced was: (topic number as written in the handbook)

What I did to practice this skill (describe what happened)

My reflection on this experience

What I did well

What skills and strengths I saw in myself

What barriers or challenges I encountered

What I might do differently next time

Advisor's Reflection (include such items as: what the worker demonstrated s/he learned, the skills practiced, strengths and barriers observed, progress and growth.)

Advisor's signature _____ **Date** _____